

# CHARNAY DUCREST

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## OBJECTIVE

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Charnay DuCrest is a Certified Peer Counselor and behavioral health service consumer with over four years of experience providing direct services. Working on a multi-disciplinary team, she provides support to people with substance use disorder. She uses a trauma-informed approach to provide culturally competent care and build rapport and maintain relationships with patients, staff and community supports.

## SKILLS & ABILITIES

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Strong organizational and time management skills, Motivational Interviewing, Ability to provide appropriate education to clients based on diagnosis or medical conditions, Proficient in Microsoft Office and Electronic Health Record documentation, Care Coordination program development and implementation, Group facilitation, effective communication both written and oral.

## EXPERIENCE

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November 2022-  
Present

Health Promotion Coordinator II, *Tacoma-Pierce County Health Department*

- Work with newly admitted clients to follow through with medical referrals within 30 days.
- Provide biopsychosocial support and education to high-risk population caseload afflicted by co-occurring substance use and physical and mental challenges using a harm-reduction approach.
- Attend medical staffing to create multi-disciplinary approach to help patients overcome barriers and support their recovery.

February 2018-  
October 2022

Health Promotion Technician, *Tacoma-Pierce County Health Department*

- Use knowledge of systems and community resources to provide clients with referrals to housing, healthcare and social, medical and behavioral health services.
- Provide biopsychosocial support and education to high-risk population caseload afflicted by co-occurring substance use and physical and mental challenges using a harm-reduction approach.
- Develop and cultivate relationships with agencies, providers, government officials and others to advocate for health equity.
- Use lived experience and knowledge of medications for opioid use disorder to inspire clients.

December 2017-  
Present

Bartender, *Veterans of Foreign Wars Post 969*

- Provide excellent customer service skills to customers while serving wine, beer, spirits and food to club members and guests, usually veterans and their families.
- Supervise up to 3 wait staff employees.
- Work with Veteran Post Members to provide support to overseas active duty members via fundraising and sending requested items. Support veterans in need of resources in the greater Pierce County area.

## COMMUNICATION

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Communications Quality Ambassador February 2019-Current: Create, and edit flyers, signs and documents for Treatment Services and consultation to staff members on communications.

Blazing a Trail: Building Pathways for Peer Support in SUD Treatment. Peer Pathways Conference presenter August 2018

Roundtable with Washington State Senator Sen. Patty Murray sharing lived experience with substance use disorder and stigma-May 2018

Facebook Live with U.S. Representative Derek Kilmer June 2018

Yearly speaker for Washington State AgForestry Leadership Program December 2018-Current

Recovery Coach Program presentation to Tacoma City Council-December 2018

## LEADERSHIP

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Pierce County Opioid Task Force 2018-Current: Access to Treatment Committee Member, Co-Chair Transportation Subcommittee, Summit Speaker 2019, Summit Speaker 2020.

Pathways Advisory Workgroup, Elevate Health 2019.

## AWARDS

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2022 Tacoma-Pierce County Deputy Director Award. This award is given to an employee who exemplifies the Core Values of Integrity, Respect and Leadership at the Health Department.

2021 Community Health Worker of the Year, Elevate Health. Given to a Community Health Worker who provides client-centered care coordination, maintains documentation in a complete and timely manner and works with the community to serve the people on their caseload and the people of Pierce County.

## EDUCATION

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**August 2011**

Bachelor of Arts Mass Communication, Billings MT, *Montana State University-Billings*

Bachelor of Arts Organizational Communication, Billings MT, *Montana State University-Billings*