

159 Sandpebble Drive  
The Woodlands, TX 77381

June 10, 2022

Punnai Nihoa, MPA  
MPA Assistant Director  
MPA Program  
The Evergreen State College

RE: Recommendation of Paula La Flame

Dear Professor Nihoa:

Please consider my recommendation of Paula La Flame as a candidate for the Master's in Public Administration program. I admire Paula so very much. I have observed her to be a very kind, supportive team leader. She is always considering various options and ways of navigating opportunities in order to realize a solution that works best for her team. She is very organized and will do well in an advanced program like yours.

Several descriptors come to mind when I think of Paula: lifelong learner, tenacious spirit, loyal friend, strength of character, and fierce supporter of others. In the relatively brief time that I've known Paula, we have formed a very strong bond, not only in our Pampered Chef businesses, but also as personal friends. I look for every opportunity I can to meet Paula in person, and there are rarely days where we do not communicate and check in on one another's progress. I am honored to have been asked to compose this recommendation for her.

When one considers successful go-getters within the Pampered Chef organization, Paula is the first who comes to mind. I can always count on Paula to volunteer to help with many group projects and tasks through Pampered Chef. She and I have had the privilege of attending many leadership trainings within the organization, and Paula always follows up and challenges me to put into action what we have learned. I admire that she is an advocate and accountability partner. Without her guidance, I likely would not have remained with Pampered Chef.

Paula is an excellent problem-solver. She thinks through various solutions, and is not afraid to try new things to expand her knowledge and support her team and her own sales. I highly admire Paula as a friend and colleague, and cannot wait to see what she will pursue with this advanced degree. I would be happy to speak to you further regarding my recommendation.

Sincerely,

A handwritten signature in cursive script, appearing to read "Lori Hughes".

Lori Hughes, Ph.D.  
Professor of English, Lone Star College-Montgomery  
lori.r.hughes@gmail.com