

Karen Vargas

Diversity and Multicultural Leadership and Youth Advocacy

<http://www.newlifecda.org/our-programs/> • 206.780.9443 • 206.488.8225 • karendvargas@gmail.com

Bremerton, WA: Wellness Recovery Action Program, 2016-current

Wellness Recovery trainer

- Working with mental health, drug and alcohol, depression, suicidal patients
- Adverse childhood experiences (ACES)

Bainbridge Island, WA: American Legion Colin Hyde Post. 172, 2011-current

Historian and Member

- Service to American veterans and community
- Family support and Veteran medical benefits support
- Boys and girls state programs
- Emergency prepares
- Veteran and Memorial Day programs and historian preservation programs
- Chaplaincy programs
- Sons of the Legion

Bremerton, WA: Kitsap County Commission on Children and Youth, 2009-2012

Juvenile Justice Advocate

- Reviewed Youth grants
- Appointed advisory board member

Olympia, WA: Office of Superintendent of Public Instruction (OSPI), 2009-2011

Youth advocate and mentor

- Dream Team
- Achievement gap of African American students

Bremerton, WA: YWCA, 2009-2012

Youth against Domestic Violence Advocate

- Board member
- Domestic violence trainer
- 2009 Woman of Achievement Award, YWCA- Mentoring Work

Bremerton, WA: Washington State University, 2008-current

Family and Youth Facilitator

- Strengthening families teacher
- Completed Strong African American Families Program-Teen (SAAF-T) Training

Bremerton, WA: Kitsap Tobacco Alcohol Substance Abuse Coalition (KTASC), 2007-2014

Religious and Outreach Coordinator

- Assets mental Health and education levels
- Founding member
- Reviewed health disparities

Bremerton, WA: NAACP, Youth Council, 2005-2010

Youth Director

- Youth advisor, mentor, trainer and advocate
- Intervention and prevention training
- Civil engagement training
- Leadership training
- Public speaking
- Employment skill building
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Bainbridge Island, WA: Bainbridge Island School District Multicultural Advisory Council, 1998-current

Multicultural Advisory Council Chairman, 2017-current

- First began with Commodore Early Education program and Ordway Elementary School, Sakai and Woodward Middle School
- Diversity training
- Multicultural training
- Equity and Inclusion
- Incident response
- Cultural events-MLK assembly and cultural nights
- Community outreach
- Student parent school partnership
- Human rights conferences
- Youth rally
- Cultural exchange programs
- Common threats
- United brothers and sisters
- Diversity and native club

AWARDS and CERTIFICATES

- 2017, June- WA State Department of Social and Health Services: Certificate in the WRAP Seminar Workshop
- 2017, June- SAAF Center for Family Research, The University of Georgia: Strong African American Families Teen program
- 2016, June- University of Washington: Genealogy and Family History
- 2014, October-December- Kitsap Youth Mentoring Consortium: Certificate for Supporting Youth through Positive Conflict Resolution Strategies, Cultural Competency when Working with Youth Training and MADD: Power of Parents Facilitator Training
- 2014, November- Youth Mental Health First Aid: Certified Mental health First Aid for USA
- 2014, June- Rainbow Days: Certified Curriculum-Based support Group (CBSG) Program Facilitator
- 2010, June- Bainbridge Island School District: Above and Beyond Volunteer Certificate
- 2009-2012- Kitsap County Commission on Children and Youth: Certified Appointed Board Member
- 2009, December- Kitsap County Board of Commissioners: Wall of Fame Award Lifetime Achievement
- 2009 and 2010 of May- C. Keith Birkenfield Humanitarian Award
- 2009, March- Kitsap County Human Rights Rally: Certificate of Unity
- 2009, February- KTASC: Founding Member
- 2008, October- Kitsap County Commission: Certificate of Appreciation and Community Service
- 2008, October- Community, Trade and Economic Development: Substance Abuse and Violent Prevention Training

PROFESSIONAL REFERENCES

Mike Florian, Principal at Woodward Middle School, Bainbridge Island, WA
Lawrence Robertson, Bishop at Emmanuel Apostolic Church, Bremerton, WA
Robin Hunt, retired judge for Kitsap County, Bainbridge Island, WA

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Laura Hyde, Kitsap County Commission on children and youth, Port Orchard, WA

Tracy Flood, Chairman for Kitsap County NAACP, Bremerton, WA

Dr. Maxine Mims, founder of Evergreen State College Tacoma campus, Shelton, WA

Cheryl Nunez, Olympic College Equity and Inclusion Director, Bremerton, WA