Tamara Davis

Human Service Professional

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Recovery Specialist on call, CDPT, Recovery Coach, Case Aide, Human Service specialist in Chemical Dependency

Willing to relocate to: Seattle, WA - Renton, WA - Puyallup, WA Authorized to work in the US for any employer

Work Experience

Housing Specialist

DESC Rapid Rehousing - Seattle, WA September 2021 to Present

Contracting with leasing agents Maintain lease and compliance files in an orderly up to date manner Help participants negotiate manageable and appropriate lease agreements landlords and to use or develop skills to be a good tenant Perform unit inspections within contract, county and federal guidelines Communicate effectively with local and external agencies; successful foster relationships which enables needed resources to be accessible

Personal contractor

Uber Eats/Lyft - Tacoma, WA October 2018 to Present

I use Uber work app. Pick up food orders and deliver to customers. Use personal vehicle with commercial auto insurance. Direct deposit of personal earnings to personal bank account. Rated by merchants and customers of my service. I have a five star rating. I set my own work schedule with Uber eats so it would not interfere with a full time employment commitment.

Recovery Specialist II

Telecare Corporation - Milton, WA August 2019 to June 2021

The Recovery Specialist II provides care that responds to the physical and psychological needs of members served. The Recovery Specialist II provides direct and indirect services according to individual service plans and Medicaid standards. Performed vital checks on patients consistent with their medical needs.

Administration/ Group Facilitator

Recovery Cafe - Tacoma, WA September 2017 to March 2018

Facilitated groups with clients active in recovery and sometimes with only 24 hours clean. Serviced a broad range of diverse and cultural communities with circumstances of chronic homelessness,

low income, CPS involvement, substance abuse disorders and alcoholism. Performed reception administration duties consisting of well checks, clients checking in, client appointments with clinical staff.

Case Management and Family Planning

Adams Street Family Shelter - Tacoma, WA July 2016 to February 2017

Weekly documentation of client progress. Clinical urinalysis testing. Housed families with multiple barriers. Cleaned bathrooms. Performed room checks. Administration/ receptionist. Documentation of clients who call in for housing list. Administered client phone intakes for the shelter. Administered one on one in person intakes and assessments to move clients into the shelter. Training in WATCH criminal back ground check. Created housing resource lists for client to access. Assisted clients to apply for housing. Lots of manual client file keeping. Clinical practicum. Motivational interviewing.

Education

Bachelor of Arts in Environmental Studies

The Evergreen State College - Tacoma, WA September 2019 to June 2021

Associates in Applied Science Human Services Degree in Applied Science Human Services

Tacoma Community College - Tacoma, WA June 2016 to June 2018

Associate in Human Service Professional

Tacoma Community College - Tacoma, WA March 2016 to June 2018

Skills

- Documentation trained in best practices, screening and assessments process, communication documents/release of information, progress notes, safety planning. intake process, service planning, (3 years)
- Training in clinical practicum settings. Family counseling, urinalysis testing, (2 years)
- Mental Health
- Group Therapy
- Family Planning
- Individual / Group Counseling
- Case Management
- Crisis Intervention
- Cognitive Behavioral Therapy
- Addiction Counseling
- Motivational Interviewing
- Intake Experience
- Behavioral Health

- Software troubleshooting
- Section 8
- Active Directory

Certifications and Licenses

Recover Coach Cert.

Present

Provide resources to clients, mentor ship and creating resources by research and performing well checks and making sure the clients are attended to in chemical dependency and mental health agencies

CDPT

February 2018 to February 2020 Chemical Dependency Professional in Training

Human Service Case Aide

Present

Academic studies in Human Services Professional with requirement completion of 1-19 credits.

Chemical Dependency Cert.

Present

Academic studies in Human Services Professional with required completion of 45-89 credits

Domestic Violence Victims Services Training

Present Completion of 30.5 CEUs

Driver's License

Substance Abuse Counseling Certification

Additional Information

Confidently facilitated individuals and group sessions to address grief and loss with life skills training and safety planning. Crisis Intervention and biophycosocial. Formal education in counseling Work and communicate effectively with diverse people Family Planning and Case Management