

In looking at my community we seem to have the programs available to help with challenges that occur from substance abuse as far as the identification of the substance abuse, assessment process, and treatment options. However one thing that we don't have is a strong reintegration program for recovering addicts. In speaking with the some elders at the Chehalis Tribe, a struggle that they see often within the social services program is participants relapsing after completion of the program. When diving deeper and identifying why the relapse is occurring the most common theme is that there is no assistance in rebuilding a sober life into the community where the addiction occurs. By taking this information and formulating an extension of the preexisting program, we can increase the success rate of the participants to learn how to live in recovery.

The existing program has the intro to path of recovery pretty established but nothing to assist after the 'graduation' of the assessment. By providing another level of assistance that doesn't just end once the assessment recommendation is completed would be a different approach to the addiction problem. By providing an apartment style living facility for people to move into will allow recovering addicts to learn how to take care of themselves as well as how to handle the responsibility of a residence. This apartment complex will also have daily recovery meetings that all residents will be able to take part in. Along with recovery meetings, cultural activities would be offered throughout the week.

Learning how to live in recovery also means learning how to apply for a job and maintaining that job. Support classes, and/or one on one counselors would be offered to help residence apply for employment, practice proper interview techniques (including what to wear),

help teach how to write a resume, and other important life skills after the job offer. This would then lead into how to properly budget the paycheck.

The time frame for the recovery residents to be in the recovery apartment should be outlined and monitored through a contract between each resident and the program. Each resident will have their own path to reintegration so each contract would be on a different time frame. This will allow plenty of time for each resident to identify where they need the most assistance and be able to give them the best chance at a full reintegration into the community.